



December, 2015



Clay Senior Activity Center

681-0238

Linda Plummer & Beth Petty, Co-Directors

Mon	Tue	Wed	Thu	Fri
Birthdays In Blue 	1 Golf & Bingo Linda Trammell	2 Blood Pressure Check Chair Exercise	3 ROOK 	4 Day Trip to Chelsea General Store & Lunch at Hartley's Ron Ellis
7 Nutritional Information Board Games	8 Rummikub 	9 Chair Exercise  Lily Wood	10 Golf & Canasta Trip to Pigeon	11 Pizza & Games with Holly Drew 11:00 Forge!! 
14 Bridge and Bingo 	15 Rook 	16 Rummikub 	17 Nutritional Information Canasta	18 Wii Bowling 
21 Bridge and Bingo 	22 Nutritional Information First Day of Winter Cynthia Drake 	23 Center Christmas Party 	24 Closed Barbara Rhodes	25 Merry Christmas 
28 Bridge and Games	29 Closed 	30 Closed 	31 Closed 	Center is open Monday-Friday 9:00-1:00 p.m.

Happy New Year!

DECEMBER

Noon Meal

FALL 2015

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Menu 2 1 Apple Juice Frankfurter/Bun Baked Beans Coleslaw/Carrots Diced Onions Ketchup/Mustard/Mayonnaise Hot Apple Cobbler Milk/Chocolate Milk	Menu 3 2 Meatloaf/Gravy Ranch Potatoes Turnip Greens Fresh Fruit Cornbread Margarine Orange Pineapple Gelatin Milk/Buttermilk	Menu 4 3 Grape Juice Chicken Pot Pie Brussels Sprouts Rosey Applesauce Whole Wheat Bread Margarine Birthday Cake Milk	Menu 5 4 Meatballs (3)/Spaghetti Sauce Whole Grain Penne/Tomatoes Italian Green Beans/Red Peppers Fresh Fruit Wheat Breadstick Margarine Chocolate Pudding Milk
	Menu 6 7 Orange Juice Sausage Patty – 2 Cheese Grits Hot Spiced Apples Biscuit Margarine Jelly Apple Cinnamon Oatmeal Bar Milk	Menu 7 8 Smothered Chicken Whipped Potatoes Mustard Greens Fresh Fruit Cornbread Margarine Chocolate Cake Milk/Buttermilk	Menu 8 9 Tomato Juice Ham and Cheese Sandwich Vegetable Soup Lettuce/Tomato Whole Wheat Bread – 2 slices Mustard Mayonnaise Banana Pudding/Wafers Milk	Menu 9 10 Apple Juice BBQ Chicken/Bun Green Peas Rutabagas Peanut Butter Crème Pie Milk
Menu 11 14 Blended Juice Chopped Steak/Gravy Country Potatoes Broccoli/Cheese Sauce Whole Wheat Bread Margarine Fig Bar Milk	Menu 12 15 Orange Juice Chili with Beans Buttered Rice Sliced Peaches Saltine Crackers Margarine Yellow Cake Milk	Menu 13 16 BBQ Chicken Drummies - 3 Country Corn Parslied Baby Carrots Fresh Fruit Texas Bread Margarine Cherry Gelatin Milk	Menu 14 17 Orange/Pineapple Juice Vegetable Plate: Macaroni & Cheese Black-eyed Peas Collard Greens Cornbread Margarine Assorted Snack Cakes Milk/Buttermilk	Theme Menu 2 18 Glazed Ham Sweet Potato Casserole Green Beans/Mushrooms Christmas Fruit Cup Wheat Roll Margarine Coconut Cake Assorted Milks
Menu 16 21 Cranberry Juice Chicken Cacciatore Delmonico Potatoes Spinach Whole Wheat Bread Margarine Marble Cake Milk	Menu 17 22 Hamburger/Bun Baked Beans Potato Salad Lettuce/Tomato/Onion Ketchup/Mustard/Mayonnaise Hot Peach Cobbler Milk/Chocolate Milk	Menu 18 23 Apple Juice BBQ Riblets - 4 Butter Beans Mixed Greens Cornbread Margarine Cranberry Congealed Salad Milk/Buttermilk	24  25 Centers Closed	
28 Christmas Holiday Centers Closed	29 Christmas Holiday Centers Closed	30 New Year's Eve Centers Closed	31  Happy New Year Centers Closed	 Centers Closed